



JUNE 25-27 • ALBUQUERQUE, NM • #SHAPEregional

SIMPLE SCHEDULE

Session details and changes can be viewed on the SHAPE America mobile app and online scheduler, available by May 1.

SUNDAY, JUNE 25

12 - 5 p.m.

Registration and Check-In

Galleria

12:30 - 5 p.m.

Best of the West Workshop (*featuring state, district and national Teachers of the Year*)

Registry/Ambassador

12:30 - 5 p.m.

Physical Activity Leader (PAL) Workshop

Roxy

MONDAY, JUNE 26

7:30 a.m. - 2:30 p.m.

Registration and Check-In

Galleria

8 a.m.- 5 p.m.

Exhibit Area Open

Galleria

8:30 - 9:20 a.m.

Architecture of Accomplished Teaching — Engaging Students in Standards and Authentic Assessment

Sonata

Standards-Based Grading in Physical Education

Serenade

The "How To" of Promoting a Healthy Classroom and School

Ivory

Instant Activities With Fitness Fun

Roxy

Musical PE Plus

Baldwin

Power of Play

Ambassador

What's Your Number?

Registry

9:30 - 10:20 a.m.

Opening General Session — Keynote by Randy Chambers

Wurlitzer/Regal

3Dimensional Coaching — Maximizing Potential Through Transformational Leadership

10:30 -10:45 a.m.

Milk Break (Sponsored by Dairy Max)

Galleria

10:45 -11:35 a.m.

Critical Thinking: Make It Purposeful!

Sonata

Autism: Oh the Possibilities in Physical Education

Serenade

Creating an Environment of "Magnificent Maybe": Building Optimism & Positive Thinking in Your Athletes

Ivory

Stepping Into Sport Stacking With Speed Stacks

Roxy

Heart to Heart: Incorporating Heart Rate Monitors in Elementary PE

Baldwin

Quick Games for Fun and Fitness

Ambassador

Brain Builders in the Classroom — Your Colleagues Will Love It!

Registry

11:45 a.m. - 1 p.m.

Awards Luncheon — Keynote by Sharon Warren

Wurlitzer/Regal

Sit Less, Move More

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1:10 - 2 p.m.

Planning for Health-Enhancing Fitness in Physical Education	Sonata
Wranglin' the Herd: Strategies to Help With Difficult PE Groups	Serenade
Using the School Health Index to Promote Healthy School Environments	Ivory
Action! Team Games	Roxy
Lost Teaching Dance? Music Mapping Can Help!	Baldwin
Authentic Assessment During Instant Activities	Ambassador
Stomp and Drum I	Registry

2:10 - 3 p.m.

Classroom Set Up "Prep" Talk: Start of Class Routines, Warm Ups, Pedometers & Timer Technology	Wurlitzer
Combating Obesity With DrumFIT: The Power of Pairing Technology and Individual Fitness	Regal
Data Literacy in Physical Education	Sonata
Creating an Effective Team Culture	Serenade
The Value of FUTP60 in K-12 Schools	Roxy
Assess, Motivate and Empower With Wrist-Based Heart Rate Monitoring and Polar GoFit!	Baldwin
Physical Literacy, the First Literacy	Ambassador
GooseChase "OPEN"	Registry

3:10 - 4 p.m.

Saving Lives: Teaching CPR and Emergency Response for Competence and Confidence	Sonata
Ditch the Textbook: Health Education in the Flipped Classroom	Serenade
Fun Movement and Dance Activities for Everyone	Roxy
Advocacy: You Can Make A Difference	Ivory
Everyone to the Starting Line: Don't Forget the Adults!	Baldwin
Active All Day: Strategies for Increasing MVPA Across School Settings	Ambassador
Munzee...Grow the Map!	Wurlitzer
KIN-Ball: A Non-Traditional Action-Packed Game	Registry
Net Generation — Introducing Tennis to the Next Generation of Tennis Players Through PE and After-School Programs	Regal

4:30 - 5:30 p.m.

NWD & SWD All-Conference Social	Galleria
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TUESDAY, JUNE 27

8 a.m. - 3 p.m.

Exhibit Area Open	Galleria
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8:30 - 9:20 a.m.

Child Sexual Assault Prevention and Personal Safety: Erin's Law	Sonata
Is Your School Well? Creating Wellness for Healthy Students, Healthy Minds	Ebony
Guide Your Students to Discover Tchoukball	Roxy
Up Your Game With NFL Flag Football	Ambassador
Fun With American Heritage Dances	Registry
Running Across Districts With Marathon Kids	Ivory



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9:30 - 10:20 a.m.

General Session — Keynote by Aaron Hart
The Foundation of Great Teaching: It's All in Your Heart

Wurlitzer/Regal

10:30 - 11:20 a.m.

Combating Childhood Inactivity With an Award-Winning, School-Based Solution
 False Sense of Fitness
 Essentials of Sport Stacking With Speed Stacks!
 Small-Sided Games to Maximize Play and MVPA: Purposeful Progressions for PE (Ultimate Style)
 The Big Box of Activities
 Brain Breaks

Sonata
 Ebony
 Roxy
 Baldwin
 Ambassador
 Registry

12:40 - 1:30 p.m.

Get 'Em Up, Moving and Learning!
 Elementary Swim Lessons, Taught by High School Students
 Keep Calm and Teach On: Drastically Decrease Discipline Challenges NOW!
 Free Middle School Self-Esteem Program
 Team-Building Activities That Promote Collaboration, Communication and Fun
 Experience the Power of Live Heart Rate Monitoring
 Beginners HIIT Workout for Fitness Fun
 Football 101

Regal
 Sonata
 Ebony
 Ivory
 Ambassador
 Registry
 Wurlitzer
 Baldwin

1:40 - 2:30 p.m.

Let's Strengthen Our Students Mentally, Physically and Socially!
 Student-Athlete Time: Study of Time Demands in NCAA Division I Athletes
 Turning a Group Into a Team: Effective Strategies for Building a Cohesive Team
 Data-Driven Decision-Making in Physical Education Programs
 Stomp and Drum II
 Omnikin Balls: Fundamentals, Frolic, Fitness and Fun
 Inclusion in PE Through Universal Design

Regal
 Sonata
 Ebony
 Roxy
 Baldwin
 Registry
 Ambassador

2:45 - 4 p.m.

Leadership Council Meeting

Ebony