



## **Organize a Jump Rope for Heart or Hoops for Heart Event at Your School**

### **Receive (10) Professional Development Points!**

The teaching content involving skill work in jump roping and assessment on heart health education is extraordinary!

Organize an actual JRFH or HFH event as the culminating activity (product) and you could receive a total of (10) professional development points from MAHPERD!

Involve partnerships within your school community such as parents, businesses and other schools within your district for a successful event!

Teaching your students about heart health and having them help others fight heart disease is a wonderful way to give back!

### **Guidelines**

- Your school name, district and event JRFH or HFH
- MAHPERD Membership Number:

*\*\*\*You must be a state member as MAHPERD is a Professional Development Provider through the Department of Elementary & Secondary Education\*\*\**

- Describe your curriculum and how you link healthy heart education outside of the school day with parents and the community
- Link to Massachusetts Standards and National Standards (describe how your event and curriculum improves practice & assessment tools used)
- Hours spent on project: planning and implementation in and outside of school!
- Completion of the event-Email from AHA representative

*\*\*\*Contact Executive Director, Maria Melchionda at [maria@ma-hperd.org](mailto:maria@ma-hperd.org) if interested in doing an event this year! American Heart Association and MAHPERD will assist you through the whole process. This is a great opportunity for all!\*\*\**