

## *American Heart Association's Jump Rope for Heart and Hoops for Heart Event invites you to sign up for*

### *UW Credit for Wyoming Volunteers for your "Heart" Work*

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#### **You can earn UW credit after completing a JUMP ROPE or HOOPS for HEART event.**

The American Heart Association and WAHPERD sincerely appreciate YOU incorporating Jump Rope for Heart and/or Hoops for Heart in your PE Curriculum this year. As a volunteer based organization, we understand the commitment this community service project takes and we know the reason you choose to participate is because you want to educate your students and believe in our life-saving mission. Because of your volunteer effort and time it takes to complete a JRFH or HFH event, we are pleased to share with you that WAHPERD will provide an opportunity for a one credit class through University of Wyoming, Division of Kinesiology and Health for completing an event.

If your school has more than one teacher in your department, all teachers can sign up for credit with \$500.00 or more in donations from your event.

The cost for 1 credit hour of KIN 5959 is \$50.00. Enrollees must provide a written report of the sponsored event, to include information about: (a) when the event took place; (b) where it took place; (c) who organized the event; (d) how did each person in the organizing committee contribute to the event – description of the tasks they completed; (e) the tasks completed by the participants ; (f) the participants – how many, who were they, how much money was raised; etc.; (g) the success of the event; and (h) what you might change when delivering the event in the future. This typed written report must be submitted to Dr. Mark Byra ([byra@uwyo.edu](mailto:byra@uwyo.edu)).

Individuals participating in the delivery of a Jump-Rope or Hoops for Heart event will be eligible to register for the one credit of KIN 5959.

**Elizabeth Winn**, MPA Youth Market Director, Wyoming & Northern Colorado, Southwest Affiliate AND **Julia Thayer**, Youth Market Director, Inside Sales handling a portion of the schools in WYOMING will send the names of the schools (teachers) who have completed an event to Briana Fuller, WAHPERD AHA board representative and Dr. Mark Byra.

For additional information please contact Briana Fuller at [fuller@sw.k12.wy.us](mailto:fuller@sw.k12.wy.us)



**Wyoming Association**

For Health, Physical Education,  
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