Amount of Required Physical Education: Indiana mandates physical education in grades K-8, and daily physical activity is required, which can include recess. The state also mandates that high schools provide physical education courses for students.

High School Graduation Requirements: Two credits in physical education (PE I & PE II) are required for all Indiana diplomas.

Substitutions: Through credit flexibility, any activity can be worked into an individual education plan if it helps the student meet the physical education course descriptions and standards. Schools may award credit in any course based on demonstration of proficiency against the academic standards without regard to a minimum amount of instruction. The physical education teacher develops the course requirements, assesses performance and grants the grade and credit.

Exemptions/Waivers: There is no exemption regarding physical education time or credit available in Indiana, with the exception of the credit flexibility mentioned above.

State Standards: The state has developed standards for physical education. The Indiana Academic Standards were adopted in 2008. [See State Standards for Physical Education chart for details.]

State Curriculum: The state does not require the use of specific curricula for elementary, middle school/junior high or high school physical education. Local school systems have the option of using SPARK or CATCH commercial curricula.

Class Size: The state’s teacher-to-student ratio requirement applies equally to all instruction areas.
Online Physical Education Courses: The state allows required physical education credits to be earned through online physical education courses. For credit to be recognized by a local high school, the course must meet the state physical education course description and standards. Local schools decide who is eligible to take online courses. These courses may be taught only by licensed physical education teachers.

Student Assessment Requirements: The state does not require standardized student assessment in physical education.

Grade Point Average (GPA): Physical education grades are included in a student’s overall GPA.

Fitness Testing: The state does not require the use of a particular fitness test protocol.

State Comprehensive Assessment Test: The state has a required assessment test for graduation, but physical education is not measured in this test.

Education Report Card: The state has an education report card for each school, but physical education is not included as one of the subject areas.

Body Mass Index (BMI): The state does not require schools to collect students’ BMI or height and weight.

Certification/Licensure of Physical Education Teachers: The state requires certification or licensure of physical education teachers at the elementary, middle school/junior high and high school levels. Elementary classroom teachers (generalists) may teach required elementary school physical education classes. A score of 150 on the PRAXIS II exam is required for certification.

Professional Development of Physical Education Teachers: Professional development continuing education hours or credits are required to maintain/renew one’s physical education teacher certification or licensure. The state also requires professional development for physical education teachers on physical education topics, comparable to other curricular areas. State professional development funding has been provided in the past, but fiscal difficulties have resulted in severe cutbacks.

Temporary Certification: Temporary/emergency teacher certification may be granted for up to one year to anyone holding a bachelor’s degree in any subject area and who passes the PRAXIS I basic skills test.
**National Board Certification (NBC):** The state does not actively encourage physical education teachers to become certified through the NBC process.

**District Physical Education Coordinator:** The state does not require each school district to have a licensed physical educator serving as a PE coordinator.

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