Tell Us About Your Successful HPE Programs

Easy-to-submit, easy-to-read! SHAPE America is creating a series of two-page summaries of inspiring projects and programs that exemplify best practices.

As an educator, you know that well-designed health and physical education programs are important to student success. Yet many in your community may not be aware of what you do and how effectively you can help children embrace a lifetime of physical activity, adopt healthy habits, cope with stress, and improve the quality of their lives. That’s why SHAPE America is building a series of case studies that highlight best practices in health education, physical education and physical activity programs.

SHAPE America’s new case study series supports its 50 Million Strong by 2029 commitment. Approximately 50 million students are currently enrolled in America’s elementary and secondary schools (grades pre-K to 12). SHAPE America wants to ensure that by the time today’s youngest students graduate from high school in 2029, all of America’s children are empowered to lead healthy and active lives through effective health and physical education programs.

SUBMIT A CASE STUDY

A simple, online submission process makes it fast and easy!

Do you have an innovative, results-oriented health, physical education, or physical activity program to share?

Gain visibility and publicity for your program, your school, your community, and your district by sharing examples of HPE programs that illustrate best practices.

It’s easy to submit a case study for consideration — just fill out the online form at shapeamerica.org/casestudies.

Read sample case studies at shapeamerica.org/casestudies