SCHOOLS CAN INFLUENCE HEALTHY BEHAVIORS

Nearly 92% of students that attended health education class believe it is important to their future health.

Findings from 2016 myCollegeOptions®/SHAPE America research study: National sample includes 132,096 high school students.

Physical Fitness and Achievement Test Performance

Increased Fitness Levels = Higher Test Scores!

Average Composite of 20 Student Brains Taking the Same Test

Children who have PE are 2.5 times more likely to be active adults.

Physical Activity Council. 41,000 Interviews on Sedentary Lifestyles. 2010.


SHAPE America
SOCIETY OF HEALTH AND PHYSICAL EDUCATORS®
health. moves. minds.

shapeamerica.org/advocacy  #SHAPEadvocacy
Health and Physical Education in the Elementary and Secondary Education Act

**NO CHILD LEFT BEHIND**

- Health and physical education were not included as core academic subjects.
- Access to federal funding for health and physical education was limited.
- Health and physical education programs and funding were cut across the country.
- Carol M. White Physical Education Program (PEP) competitive grant was established to support innovative physical education programs in schools. Funded at $47 to $78 million from FY 2002 – FY 2016.

**EVERY STUDENT SUCCEEDS ACT**

- Health and physical education are included in the definition of a well-rounded education (which replaces the core subjects definition), along with 16 other subjects.
- ESSA congressional intent supports providing all students with a robust well-rounded education experience which should include health and physical education.
- Title I (low income schools), Title II (professional development for all school employees) and Title IV, Part A funding can support health and physical education programs in schools.
- Title IV, Part A, Student Support and Academic Enrichment Grants, provides block grants to states to support: well-rounded education (min. 20%), safe and healthy students (min. 20%), and effective use of technology. Health and physical education can be funded through all three areas of the grant.
- The PEP grant and nearly two dozen other grant programs that were authorized under NCLB, were consolidated into Title IV, Part A.
- Title IV, Part A was authorized at $1.6 billion in ESSA.

**FY 2017 - FY 2022 EDUCATION FUNDING**

- Title IV, Part A is the third largest authorized program in ESSA and therefore requires a meaningful investment in order to show true results and a significant impact in schools.
- FY 2017 appropriations legislation funded Title IV, Part A at only $400 million, a mere 25% of the authorized level, in the inaugural year of this program.
- Congress appropriated $1.1 billion for Title IV, Part A in FY 2018, $1.17 billion in FY 2019, $1.21 billion in FY 2020, $1.22 billion in FY 2021, and $1.3 billion in FY 2022, allowing school districts to make significant investments in programs covered under this state block grant for the first time in the 2018-19 school year, but still falling short of full funding.
- A low level of funding for Title IV, Part A will cause schools to divide limited funds among numerous programs. This will limit flexibility and will not allow states and districts to make necessary investments in student learning and well-being, through critical programs that are often the first to be cut when there are budget shortfalls. It is therefore essential to fund Title IV, Part A for FY 2023 at robust levels.
- Title II, Part A was underfunded at $2.06 billion in FY 2018 and 2019, $2.1 billion in FY 2020, $2.14 billion in FY 2021, and $2.2 billion in FY 2022 resulting in fewer opportunities for schools to offer evidence-based professional development to school personnel.
- It is essential to adequately fund Title II, Part A in for FY 2023. Elimination of funding or a low level of funding will undermine schools' capacity to ensure teachers are delivering appropriate instruction, standards-based curriculum, and implementing innovative programs, especially while schools and teachers continue to navigate the challenges of the COVID-19 pandemic.

Please support:

3. Health education and physical education programs by visiting a school in your home state to see the incredible impact on students and the school community.

SHAPE America
Society of Health and Physical Educators
health. moves. minds.

shapeamerica.org/advocacy  #SHAPEadvocacy