



JUMP!

For **FREE Membership** in SHAPE America

Raise \$2,000 or more through a **Jump Rope For Heart** or **Hoops For Heart** event at your school and receive a FREE one-year JUMP membership to SHAPE America!

SHAPE America is a founding partner of the the Jump Rope For Heart/Hoops For Heart programs and the nation's largest membership organization of health and physical education professionals.

By joining SHAPE America, you'll receive benefits and tools to help your career and support the profession. Empower yourself to shape health, habits, policy and programs all year!

Visit shapeamerica.org/jumpmember to learn more about our programs for JRFH & HFH coordinators and get signed up.

Contact your State professional organizations to learn what special member benefits are available when your school holds an event.



SHAPE America and the American Heart Association collaborate on the Jump Rope For Heart and Hoops For Heart programs.

shapeamerica.org/jumpmember



SHAPE America is the nation's largest organization of health and physical educators. Our National Physical Education Standards & Grade-Level Outcomes are used by school districts and universities across the country.

JOIN TODAY and you'll become part of a network of thousands of industry professionals — from preK–12 educators who teach our country's youth about the benefits of living a healthy, physically active lifestyle, to university professors who conduct much-needed research and teach our industry's future professionals. As a health and physical educator, you are uniquely positioned to deliver the benefits of living a physically active and healthy life.

SHAPE America's training, tools and resources will help you succeed in your current job... and advance in your career. We can help you:

- ✓ Develop and implement student assessments
 - ✓ Plan a standards-based lesson
 - ✓ Gain support from your administrator
 - ✓ Connect with experienced teachers who have valuable advice to share
 - ✓ Find grant funding
 - ✓ Keep up-to-date with the latest research and trends in the profession
- And more!**

Here's a sample of the members-only benefits you'll receive:

- FREE access to select professional development **WEBINARS** (an annual value of more than \$470!)
- Full connection to **EXCHANGE**, the online community dedicated solely to your profession
- Exclusive **DISCOUNTS** — up to 30% — on books and events, including regional conferences and the SHAPE America National Convention & Expo
- **SUBSCRIPTION** to your choice of award-winning, peer-reviewed journals with in-depth coverage of the news, trends and best practices in your area of expertise
- Access to monthly **ACTIVITY CALENDARS** through our Teacher's Toolbox
- Access to **MENTOR MATCH**, a new program that connects mentors and protégés



EXPAND YOUR KNOWLEDGE with subscriptions to SHAPE America journals

Journal of Physical Education, Recreation & Dance (JOPERD)

For professionals in sport, movement, dance and recreation. Useful advice and stimulating ideas to help you succeed. *Published nine times a year.*

American Journal of Health Education

Aimed at health educators in the classroom, the American Journal of Health Education publishes original research and applications of social and behavioral theory related to the prevention of major chronic diseases impacting Americans. *Published six times a year.*

Strategies: A Journal for Physical and Sport Educators

A practical, hands-on journal for everyone who coaches sports or teaches physical education. Helps overcome the challenges of daily practice, and gives you a winning edge. *Published six times a year.*

Research Quarterly for Exercise and Sport

Careful, probing, documented answers to serious questions about movement, exercise science, physical education and sport. *Published four times a year.*

Momentum Newsletter

Keep up-to-date with the latest SHAPE America news, including members on the move, upcoming conferences and workshops, and new initiatives. *Published three times a year.*

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