Article:

Type of article:
Literature review on the role of social justice, with regard to race, in physical education.

What we know:
- Many U.S. schools are still segregated or are resegregated and unequal.
- Research on physical education and race is scarce.
- The majority of the K-12 teaching force is white, which indicates exclusion and marginalization of minorities.

What we can do:
- PE professionals need to address social justice issues in the United States.
- Consider our students’ cultural and racial makeup prior to and when teaching.
- Use alternative instructional and curriculum models to better match the needs of an increasingly diverse student population. Teachers should be conscious of their role and input and have a sense of responsibility to society.
- Increase research on physical education and race.
- As per SHAPE America’s National Standards for Initial Physical Education Teacher Education, ensure that we are meeting the diverse needs of our students.
- The teaching workforce needs to become more diverse and culturally competent. Therefore, we should encourage the recruitment of teacher candidates from minority groups.
- Acknowledge the importance of race among other things throughout the PETE profession. Teacher educators must also recognize disparities in quality physical education and opportunities in physical activity due race and socioeconomic factors.