

# An Event in 5 Weeks or Less!

It's not too late to raise funds for your program this year with the health. moves. minds.™ service learning program! Follow this step-by-step guide to complete your event in 5 weeks or less, including easy-to-use lesson plans and ideas you can incorporate into your existing plans. Get started today!

## Week 1: Registration & Planning

- Sign up online ([healthmovesminds.org](http://healthmovesminds.org)) with our easy-to-use fundraising platform and set a goal.
- Customize your school's fundraising page.
- Create school-based incentives to encourage students to register such as "PE teacher for a day" for the highest fundraiser or "pie the principal" if the school hits the \$ goal. ([Check out more ideas here!](#))
- Check out the [Gopher catalog](#) to make your wish list. Engage your students and have them vote on their favorites!
- Determine your celebratory event (for a quick event that you can easily incorporate into your class time, we recommend a health. moves. minds. day). Use the health. moves. minds. Station Cards to create an event where students can participate in a variety of activities focused on mindfulness, kindness, and physical activity. ([Additional event ideas here](#))

## Week 2: Communication & Promotion

- Send out parent announcements and share with students ([Use our templates!](#))
- Create a "Throw Kindness like Confetti" bulletin board! Put up a bulletin board where most of the school can see it (like the main entrance). Have students share experiences with kindness on the board. Include the date/time of your celebratory event so parents can see it when they come in.

## Week 3: Implement your educational activities!

- Implement your [health. moves. minds. educational activities](#) as best fits your schedule.

## Week 4: Celebrate

- Celebrate all the amazing work your school has done with on your health. moves. minds. day! Invite parents to join their children during class time.

## Wrap Up Your Event

- Thank and congratulate students, staff, and volunteers.
- Expect your Gopher gift card gift card and any earned incentives approximately 4 weeks after completing your event!

