**Guide for Recess Policy**

- **Mandate a time requirement for daily recess periods.**
- **Require schools to ensure that age-appropriate equipment and facilities for physical activity meet or exceed recommended safety standards.**
- **Require schools to provide recess before lunch.**
- **Require schools to provide annual professional development opportunities for staff members who lead or supervise recess.**
- **Prohibit schools from using recess to fulfill state mandated physical education requirements.**
- **Mandate that schools may not withhold recess as punishment or assign physical activity as punishment during recess.**

Go to http://shapeamerica.org/recesspolicy/ for interactive experience