

SHAPE America is proud to work with Jr. NBA to develop a new, instructional basketball curriculum designed to provide opportunities for students, grades K-8, to practice skills in an encouraging, noncompetitive environment.

1. How should I use the Jr. NBA Curricula?

The Jr. NBA curricula is primarily meant to be used in physical education but can also be used in after school and youth league programs. Depending on your school setting, you may use some, or all, of the curricular resources provided.

2. What if I feel that some of the skills provided in my grade level are too advanced for my students?

The focus of the Jr.NBA curricula is to provide developmentally appropriate opportunities to practice fundamental motor skills in an encouraging, noncompetitive environment. The skills and drills within the curricula meet the SHAPE America grade level outcomes and national standards within each grade band. If your students are functioning above or below the skill level, please modify appropriately.

In some lessons, we have also provided activities that may be better suited for students who fall within the higher end of a grade band or who display more advanced skills and knowledge.

As an example, the skill of passing to a target is a fundamental part of basketball but exposure to the skill may not be appropriate for some of your students in K-2. While students should not be assessed on their success at passing in the K-2 level; some students will display a skill level that lets them engage in manipulative tasks such as bouncing a ball to a partner as an extension activity. These lessons will help guide you in introducing this skill.

3. How are accommodations and modifications addressed in these curricula?

Teachers should always be mindful about making accommodations and modifications based on the individual needs of their students. Ideas may include using different size balls (not a basketball), lowering or raising the basket and/or providing alternative locomotor movements such as walking, or staying stationary instead of running.

Ideas around potential accommodations and modifications can also be found in [SHAPE America's health. moves. minds.™ education materials](#). Teachers should refer back to a student IEP or 504 plan when selecting appropriate accommodations and modifications.

4. How can the competitive drill videos be used while still encouraging a noncompetitive environment?

The competitive drills are fun activities that provide activity ideas for small-sided tasks and do not rely on a player's skill proficiency to have success.

5. How should I use the videos that are provided by Jr. NBA?

The videos provided on this microsite are not meant to be all encompassing, but rather serve as a guide for how to implement the activity. Teachers are encouraged to modify or omit activities that do not meet the needs of their students.

6. I've downloaded the curriculum resources. Am I automatically entered in the NBA Player/Legend sweepstakes?

Not yet, there is one more step! Be sure to visit the [Jr. NBA registration website](#) to enter your school. Once both steps are completed, you are automatically entered. All submissions must be received by February 21, 2020. No purchase necessary. Please see Jr.NBA rules for details.