

Brent Powell

There are many reasons why I feel the calling to serve on the Leadership Council for the Western District of SHAPE America. I consistently have a calling to serve. Originally, from Alabama, I began my leadership roles as a future professional in the Alabama State Association for Health, Physical Education, Recreation and Dance (ASAHPERD). After completing my bachelor's degree in Exercise Science from Samford University in Birmingham, AL, I was selected to enter a PhD program in Health Promotion and Education at the University of Alabama Birmingham. I also was appointed to a three-year term as the future professional advisor for ASAHPERD. A few years later, I was elected as Vice-President of Health Education for ASAHPERD. I would have served as VP of Health Education however, I moved to California to be an Assistant Professor at California State University, Stanislaus.

A year after arriving in California, I was elected as Vice-President of Health for the California Association for Health, Physical Education, Recreation, and Dance (CAHPERD). After serving in this position, I was soon elected as President of CAHPERD. In addition, I served CAHPERD in a variety of committees including Technology Committee, Membership Committee, Conference Committee, Finance Committee, and Governance and Structure Committee. I also has served SHAPE America on the School Health Education Council, and a few different Task Forces within the Council. I am very proud of the work done by the council and task force related to the development of the #SHAPEHealthEd twitter chats.

Having presented at a number of State, District, National, and International level conferences, and publishing a variety of research studies, I continues to share my passion for health education advocacy and mentoring future professionals to share the message of health literacy and social justice.