

Expanding Partnerships and Disseminating HIV Prevention Materials to Reduce HIV and other STDs among Adolescents through National Non-Governmental Organizations (PS16-1603) Newsletter

FEATURED BLOGS

HEALTH EDUCATION – ESSENTIAL FOR WELL ROUNDED EDUCATION

Authored by Donna Mazyck, MS, RN, NCSN, CAE, Executive Director, National Association of School Nurses on July 17, 2017



Photo Credit: NAS

Secondary school students need to be prepared for life, career and college throughout their education journey. Providing students with a well rounded education includes health education and promotion. The National Association of School Nurses (NASN) champions developmentally appropriate and accessible health education, including evidence-based sexual health education.

The Centers for Disease Control and Prevention 2014 School Health Policies and Practice Study and the 2015 Youth Risk Behavior Survey document [health education](#) in high schools and risk behaviors among high school

students. These data point to continued need for individual and population-based student-centered approaches to health education. Student-centered approaches to health education include awareness and consideration of student cultural, learning style, abilities, developmental, racial and ethnic realities.

The 21st century school nurse provides health promotion, education, disease prevention, and risk reduction to students – individually and in groups - to optimize their health and learning. School nurses may collaborate with health educators to bring expanded perspectives on certain curricula topics. School nurses also work with students, parents, and community partners in bringing awareness and education on comprehensive health education topics. A school nurse may:

The 21st century school nurse provides health promotion, education, disease prevention, and risk reduction to students – individually and in groups - to optimize their health and learning. School nurses may collaborate with health educators to bring expanded perspectives on certain curricula topics. School nurses also work with students, parents, and community partners in bringing awareness and education on comprehensive health education topics. A school nurse may:

Collaborate with student groups in schools to select and plan activities to ensure they are youth-friendly, interesting, and relevant.

School-wide awareness campaigns/activities to increase knowledge about healthy relationships; HIV and STD prevention and testing; school climate; and accessing healthcare.

Feature monthly bulletin board awareness messages on a prominent board in the school (for example, in the cafeteria). The goal is increased visibility of the message by the whole school population.

Coordinate a calendar, video, poster, art or spoken word contest for students to develop messages about prevention; healthy relationships and communication; accessing clinics, etc.

Write a column in the student newspaper; school website; or parent newsletter that corresponds with a monthly awareness topic (or co-author with a student).

Make a morning or afternoon “tip of the day” during school announcements.

Host an info table about the topic during school lunch; staff meetings; and/or parent gatherings. Be sure to include resources as well as information.

School nurses serve as key members of the education team and leaders in school health to enable all students to be healthy, safe, and ready to learn.



EMPOWERING YOUNG PEOPLE WORKS! REFLECTIONS ON THE 2017 NATIONAL SCHOOL-BASED HEALTH CARE CONVENTION

Authored by Alba Alvarado, NCSD Intern on July 13, 2017

On June 19-21, I had the privilege of joining NCSD colleagues at the [School-Based Health Care Convention](#) in Long Beach, CA. Being in a space surrounded by men and women who are passionate about the health of the underserved youth has been an incredible experience. Attending the National School-Based Health Care Convention allowed me to witness educated and smart individuals who actively pay attention to the experiences of those who are often ignored, something that I didn't know existed.

Click [here](#) to view the full blog.

RESOURCES

SEXUAL HEALTH EDUCATION SCOPE AND SEQUENCE

The CDC, Developing a Scope and Sequence for Sexual Health Education [tool](#) provides a step-by-step process to create or revise a scope and sequence for sexual health education. Selecting a curriculum that is in alignment with a school district's scope and sequence and addresses the HIV/STD and pregnancy prevention needs of the students is a priority in delivering high quality health education. We will be highlighting an additional [CDC tool](#) that assists with deciding what content should be taught and when it should be delivered in school-based settings to reduce HIV and STDs at the upcoming ASHA conference during our workshop, **HIV/STD Prevention: Utilizing DASH Tools to Select Effective Health Education Curriculum** (details below).

UPCOMING CONFERENCES AND WORKSHOPS

NCSO WEBINAR

Webinar: Scaling Up: The Role of Partnership in Implementing School-Based Approaches to Adolescent HIV/STD Prevention

Date & Time: Monday, August 7th from 2:00-3:00pm ET

This webinar will provide participants with an understanding of the impact that positive partnerships play in scaling up the delivery of school-based adolescent HIV/STD prevention health education and services. The presentation is designed to help participants develop a preliminary plan to identify and cultivate local partnerships to enhance organizational work in adolescent HIV/STD prevention. Participants will examine various types of partnerships, their roles in the work, and how to identify key partners to scale up the distribution of HIV/STD prevention approaches. Upon completion of the webinar, participants will be able to define formal vs. informal partnerships; evaluate the levels of organizational partnership, from networking and communication to collaboration; and identify strategies to strengthen relationships and overcome barriers in new and existing partnerships. Success stories and practical organizational partnership examples will be shared to further illustrate the importance of partnership in scaling up the delivery of school-based adolescent HIV/STD prevention approaches. Helpful tools and worksheets from the NCSO/CAI/CDC developed [Establishing Organizational Partnerships to Increase Student Access to Sexual Health Services: A Resource Guide for Education Agencies](#) will be discussed. [Click here to register.](#)

HEALTHY TEEN NETWORK CONFERENCE : SOCIAL NORMS & CULTURE: HONORING EXPERIENCES & PERSPECTIVES

Date & Location: October 2-3 in Baltimore, MD - Click [here](#) to register!

Workshop: Serving the Individual: An Exploration of High Quality Sexual Health Education and Safe and Supportive Environments by Youth Experts, a presentation by Brittany McBride, MPH (Advocates for Youth) [workshop date and time TBD]

The workshop is designed for youth-serving professionals to further develop skills that enhance their work by analyzing the impact social determinants of health play in the overall sexual health of youth. A panel of youth experts will provide insight on how the four levels of the Social Ecological model: individual, relationship, community, and society, play a role in the delivery of high quality sexual health education and safe and supportive environments. Participants will engage in small/large group discussions, interactive activities, and directly communicate with the panel to apply the content from the presentation in their current practices.

ASHA 2017 SCHOOL HEALTH CONFERENCE

Date & Location: October 11-13 in St. Louis, MO - Click [here](#) to register!

Workshop: HIV/STD Prevention: Utilizing DASH Tools to Select Effective Health Education Curriculum, a presentation by Nora Gelperin M.Ed. (Advocates for Youth) [workshop date and time TBD]

High quality health education to prevent HIV/STDs requires a curriculum that is developmentally appropriate, comprehensive and effective. Utilizing CDC developed curriculum selection tools to complete a detailed analysis of available curricula can assist schools and districts in the selection process. This presentation will highlight the benefits of using these tools and provide an opportunity for participants to engage with LEAs and SEAs to identify best practices and identify strategies to employ the curricula selection tools in their school district. A detailed and consistent selection process can support the efforts of districts to create healthier adolescents with reduced HIV/STD infections.

THE SCHOOL SUPERINTENDENTS ASSOCIATION CONFERENCE: EDUCATION IN THE DIGITAL AGE

Date & Location: February 15-17, 2018 in Nashville, TN.

[Registration](#) for the [School Superintendents Association \(AASA\)](#) annual conference is now open!

IN CASE YOU MISSED IT

NATIONAL SCHOOL-BASED HEALTH CARE CONVENTION

Workshop: Youth Partnership in Sex Ed, Sexual Health Services, and Safe and Supportive Clinic Environments, a presentation by Andrea Shore (the School-Based Health Alliance), Sara Stahlberg (NCSD), and Alba Alvarado (NCSD) – more than 950 school-based health care professionals gathered to network and learn about school-based clinical care, population health approaches, and best business practices. Visit [here](#) for the workshop slides and handouts.

THE ROLE OF LOCAL HEALTH DEPARTMENTS IN PROVIDING SCHOOL-BASED ADOLESCENT HIV/STD PREVENTION SERVICES

Workshop: On June 14-15, NACCHO hosted a workshop and consultation on The Role of Local Health Departments in Providing School-Based Adolescent HIV/STD Prevention Services in Washington, DC. Representatives from 22 local health departments (LHDs) across the country and each of the PS16-1603 funded partners participated in the interactive event, which was intended to increase the collective understanding of the various roles, responsibilities, challenges, and successes of LHDs working with schools for the purpose of preventing HIV and STDs among adolescents. Participants shared model practices, learned about various implementation models, assessed stakeholders to increase collaboration, articulated challenges at national and local levels, and participated in roundtable discussions to increase their understanding of topics critical to implementing this CDC-developed school-based approach. NACCHO will hold similar workshops on health education and safe and supportive environments to increase the capacity of LHDs to work in partnership with local education agencies and other community stakeholders in their jurisdictions to implement school-based adolescent HIV/STD prevention programs.

[NATIONAL SEXUAL HEALTH CONFERENCE](#)

Workshop: Scaling Up: the Role of Partnership in Implementing School-Based Approaches to Adolescent Sexual Health

Brittany McBride, MPH (Advocates for Youth), Lillian Pinto (NCSD), and Samantha Ritter, MPH (NACCHO) explored different types and levels of organizational partnerships; identified strategies to strengthen organizational partnerships; and offered recommendations on how to employ effective partnerships to promote the implementation of school-based approaches to adolescent sexual health. Click [here](#) to view the NCSD/CAI/CDC-developed resource that was shared at the workshop. The presentation slides can be viewed [here](#).

[NACCHO ANNUAL CONFERENCE](#)

Workshop: The Role of Local health Departments in preventing HIV/STDs among Adolescents through School-Based Approaches.

NACCHO Annual is a yearly conference dedicated to addressing the needs and concerns of local health officials, and offers a number of workshops and sessions focusing a myriad of topics impacting local public health. At NACCHO Annual 2017, held in Pittsburgh, PA, from July 11-13, Samantha Ritter, MPH, and Kat Kelley, both NACCHO staff, led an interactive workshop entitled “The Role of the Local Health Department in Preventing HIV/STDs Among Adolescents through School-Based Approaches.” Participants learned about the CDC-developed school-based approaches, discussed best practices and challenges in working with schools, and explored potential opportunities to address HIV/STDs among adolescents through several implementation models. Click [here](#) to view the presentation slides.

We look forward to updating you on our partnership’s initiatives! Stay tuned for more information!

All the best,

Advocates for Youth, NACCHO, NCSD, and School Based Health Alliance

