Visit www.shapeamerica.org/adaptedphysicaleducation

Adapted Physical Education Resources for Teacher’s Toolbox

Adapted physical education is physical education that has been modified so it is appropriate for students with disabilities. Under the Individuals with Disabilities Education Act (IDEA, 2004), all students with an Individualized Education Program (IEP) should receive effective physical education services.

SHAPE America recommends that an adapted physical education specialist provide the instruction and/or consultative support to the general physical education teacher for a student’s IEP.